
Release of N Level results

Monday 18 December, 2023

KOOCHICAN
PRESBYTERIAN

Programme

Welcome message (Principal)

What's next (Year Head)

2023 N -Level results (Year Head)

Release of results

ECG support & celebrations



KOO CHUAN
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Principal's Welcome

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What's Next?

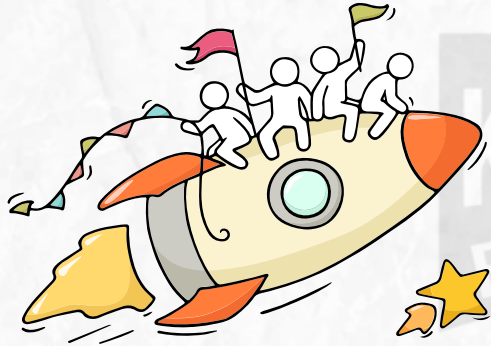
Mr Patrick Goh, Year Head/US



Dear students,

As we gather here today, let us
all celebrate our efforts!

*Finally, we are going
to get our results!*



Think about your opportunities

*Are we all going to
be okay?*



Remember that **everyone's learning journey is different**
but **we can each have a fulfilling outcome!**

No matter the circumstances, there is always a way forward.

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you. Keep things in perspective.
- Remember that the N-Level is one part of your life journey and not the destination.

Do

- Approach a trusted adult and seek his/her help. Have a conversation with this person about what would be best for you.
- Make a decision and take action based on your options.

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

Keep a lookout for some of these signs in your peers or yourself.

How can we support one another?



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Deliberately avoiding others

Increased irritability, restlessness, agitation, stress and anxiety

Sending or posting moody messages on social media

Talking about death or dying

Reacting differently or gradually losing interest in things they used to like

Eating more than usual or having a much reduced appetite

Sleep pattern changes with difficulty falling asleep or oversleeping

Slowing down of energy levels

If you notice any of these signs in yourself or your friends, **have a chat with your school counsellor or teacher**

Or contact SOS 24-hour hotline at **1800-221-4444**



Supporting Your Friend

We may each experience different emotions upon receiving the results. You can share your friends' joy by congratulating them or give words of encouragement to friends who may be disappointed with their results.



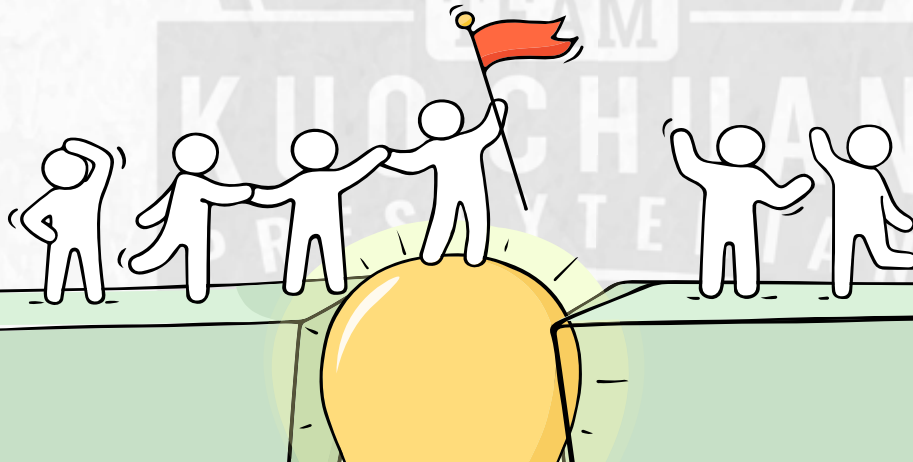
Keep a lookout for your friends in distress. You can support them in the following ways:



Reaching out for help is a sign of strength, not weakness.

Is there someone we can speak with?

If you have any concerns or are not coping, do reach out to someone you trust and speak with them. It could be a parent/guardian, teacher, School Counsellor or a friend that you can talk to.



Sources of Support for Students

There are hotlines and chats available if your students are more comfortable seeking help using these platforms.



SOS

SOS provides round the clock emotional support for those in distress, thinking of suicide or affected by suicide. This service is manned by trained volunteers.

Call: **1767**
(24-hour helpline)

Whatsapp: **9151 1767**
(24-hour Care Text)

There are also alternative avenues for emotional support for those who prefer to write. Response time for this service is within 48 hours, excluding weekends and public holidays.

Email: pat@sos.org.sg

TOUCHline

TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800-377 2252**

Monday- Friday (Excluding Public Holidays): 9am – 6pm

Sources of Support for Students

There are hotlines and chats available if your students are more comfortable seeking help using these platforms.



Community Health Assessment Team (CHAT)

If you experience prolonged difficulties, CHAT provides personalised and confidential mental health checks and face-to-face consultation for youth aged 16 to 30. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *SCAPE, #05-05**

Call: **6493 6500/ 6501**

Email: **CHAT@mentalhealth.sg**

eC2

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Youths may chat with a counsellor online at:

www.ec2.sg

Monday, Thursday, Friday
(Excluding Public Holidays):
10am – 12pm & 2pm – 5pm

Sources of Support for Students

There are hotlines and chats available if your students are more comfortable seeking help using these platforms.



Carey

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Explore self-help tools and learn how to cope better or support your friends too.

Find out more:

<https://carey.carecorner.org.sg/>

mindline.sg

mindline.sg is an online platform that provides tools, tips and resources to help you manage your health and well-being. Explore and find out how you can improve your mental well-being and support your friends too.

Find out more:

www.mindline.sg

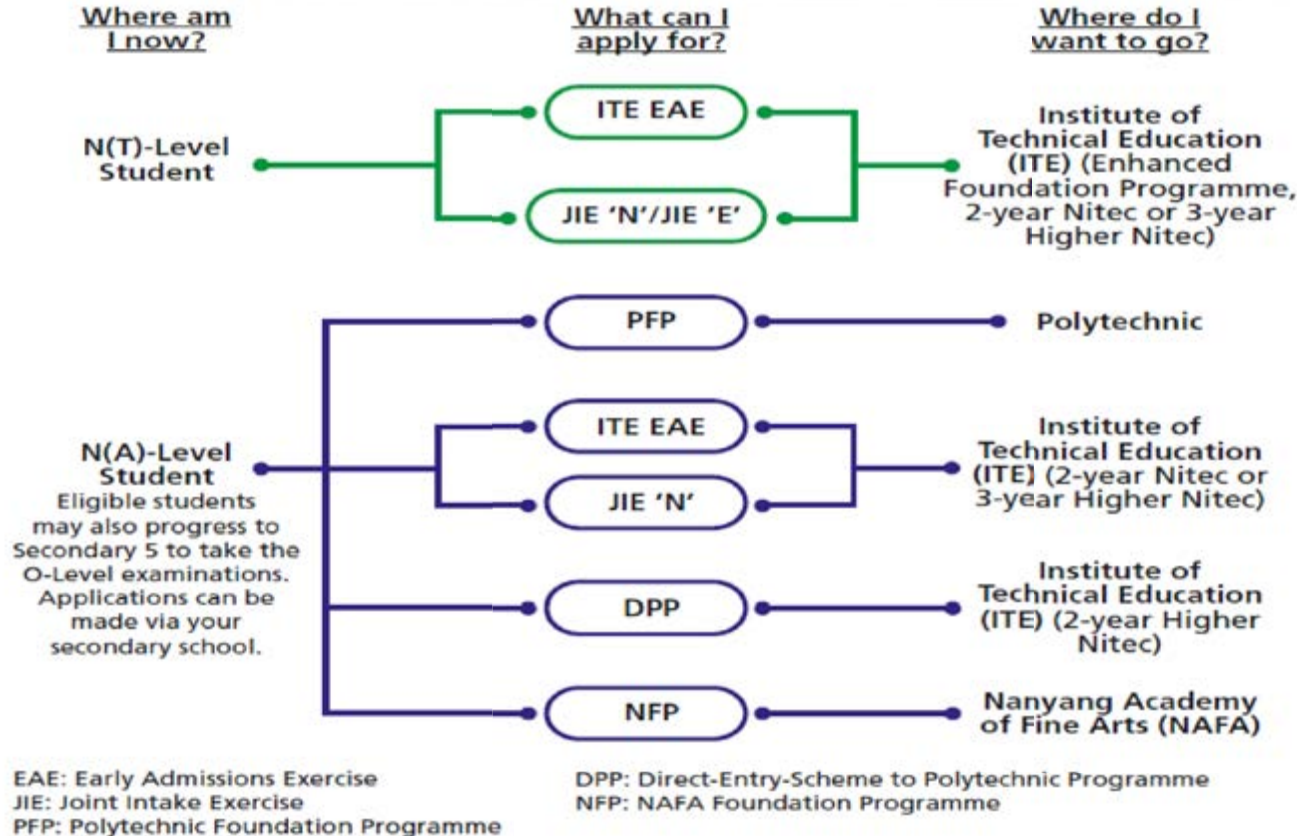
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Admission Exercises

Things to note



Providing Education/ Career Guidance



Source: [A Guide to Post-Secondary Admissions Exercises](#)

Admissions Exercises Application Timeline

(N-Level Results)

Dec

- JIE 'N'
- JIE 'E'
- DPP
- NFP



(Start of 2-year *NITEC*
and 3-year *Higher Nitec*)

Jan

- PFP
- DPP
(2nd window of applications)

(Start of Polytechnic
and 2-year *Higher Nitec* Term)

Apr

 N(T)-Level Student
 N(A)-Level Student

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Details of Admissions Exercises





JIE 'N'/JIE 'E' – Joint Intake Exercise

The JIE 'N' is for 2-year *Nitec* or 3-year *Higher Nitec* courses offered by ITE.

The JIE 'E' is for GCE N(T) students to apply for the 3-year *Nitec* course with Enhanced *Nitec* Foundation Programme.



go.gov.sg/applyjie

-  N(T)–Level Student
-  N(A)–Level Student

Details of Admissions Exercises

PFP – Polytechnic Foundation Programme

PFP is a one-year programme that offers a practice-oriented curriculum taught by polytechnic lecturers to better prepare polytechnic-bound Secondary 4 N(A) students for entry into selected polytechnic diploma courses. PFP students are given provisional places in diploma programmes, subject to them passing all modules in the one-year programme.



go.gov.sg/pfp

DPP – Direct-Entry-Scheme to Polytechnic Programme

DPP allows Secondary 4N(A) students to be admitted directly into selected 2-year *Higher Nitec* programmes at ITE without having to sit for the O-Level examinations or undergo a *Nitec* programme. DPP students who successfully complete their *Higher Nitec* courses at ITE and attain the required qualifying Grade Point Average (GPA) scores are guaranteed a place in a polytechnic diploma course mapped to their *Higher Nitec* course.





go.gov.sg/applydpp

NFP – NAFA Foundation Programme

NFP is a one-year practice-based programme that prepares N(A)-Level holders to pursue a diploma in the creative arts. NFP students who successfully complete the programme will be offered a place in their chosen diploma course at NAFA.



go.gov.sg/nafa - applynow

-  N(T)-Level Student
-  N(A)-Level Student

Thinking About Your Next Step?



— Who am I?

— Where do I want to go?

— How do I get there?

TEAM

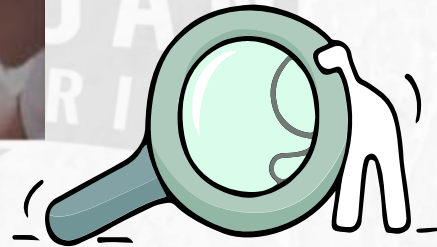
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Resources to help you make informed decisions



Where can we find more information?

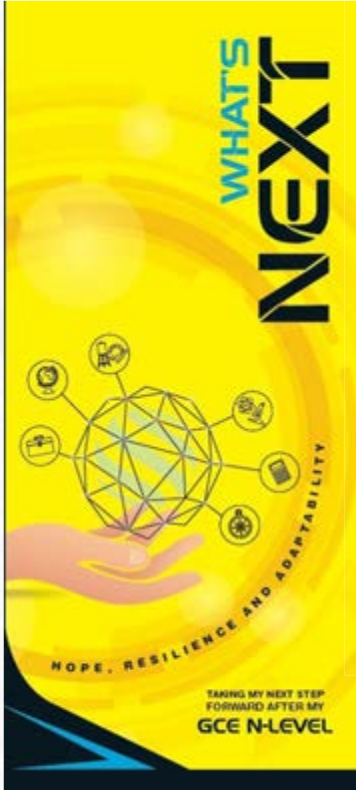


<https://go.gov.sg/mySFsec>



<https://go.gov.sg/mySFsec>

Resources to help you make informed decisions



Where can we find more information?



<https://go.gov.sg/whats-next-nlevel>

Resources to help students make informed decisions

Learn more about the admissions exercises and programmes

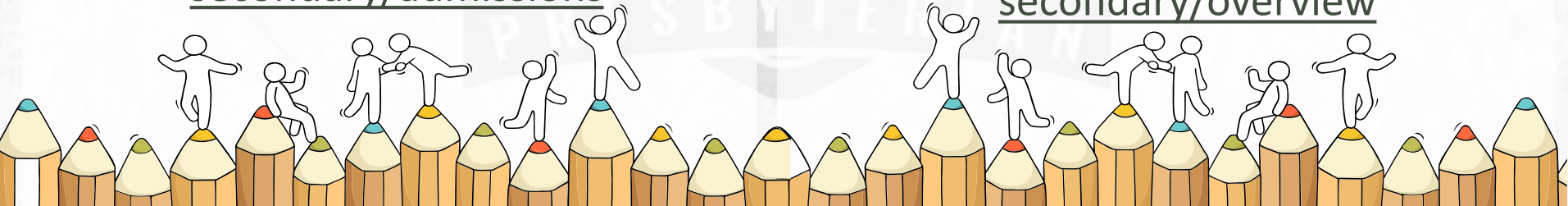


<https://moe.gov.sg/post-secondary/admissions>

Learn more about the post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>



COURAGE
TO CREATE

NAFA FOUNDATION PROGRAMME INFO DAY 2023

WED 20 DEC 2023



NFP Admissions

- 📍 Campus 1, Wing A, Level 4, Creative Media Studio
- 📅 20 December
- 🕒 4:20 pm - 4:45 pm



About the NAFA Foundation Programme (NFP)

- 📍 Campus 1, Wing A, Level 4, Creative Media Studio
- 📅 20 December
- 🕒 2:30 pm - 3:00 pm



NFP: Diploma Programme Introduction from the Faculty of Art and Design

- 📍 Campus 1, Wing A, Level 4, Creative Media Studio
- 📅 20 December
- 🕒 3:00 pm - 3:30 pm

The **NAFA Foundation Programme (NFP)** is a bridging course that prepares students for a successful enrolment and completion of a diploma course at NAFA.



<https://go.gov.sg/nafa-nfp>

*All visitors
must register
for an account
prior to the
event.*

Sign up @ <https://go.gov.sg/nafa-nfp>
today!

Help is readily available for you.

Reach out to an ECG Counsellor!

Make an appointment to speak with Ms. Lisa Lim

Booking link: <https://go.gov.sg/ecg-appt-mslisa-kcpss>

Venue: Library @ KCPSS or Online

When: **Mon & Wed (18 & 20 Dec 2023)**

Please check availability of time slots via appointment link

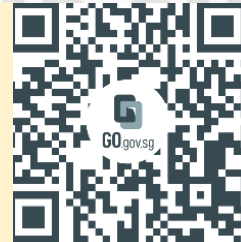
Email: lim_yin_leng_lisa@schools.gov.sg



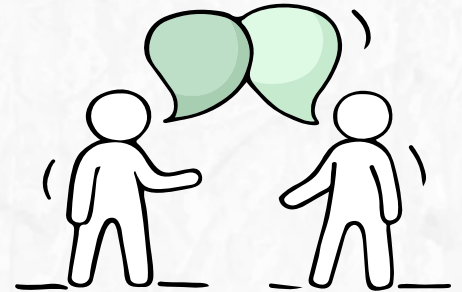
OR

Make an online or phone counselling appointment with the ECG Centre @ MOE (Grange Road) through

<https://go.gov.sg/moe-ecg-centre>

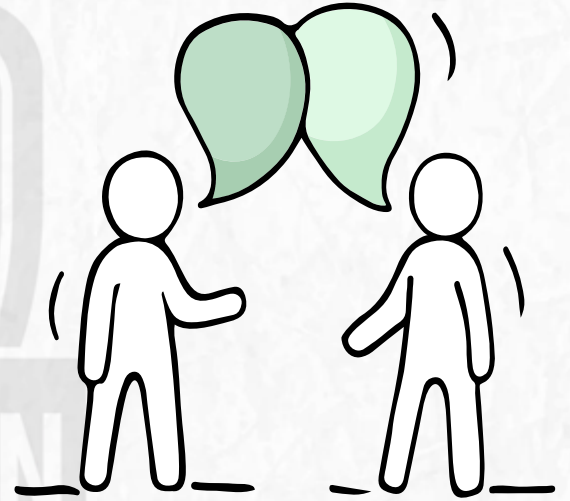


*Is there
someone we
can speak with?*



ECG Counsellor

- Making informed decisions is important for a successful transition from school to further education.
- Encourage your students to speak with the ECG Counsellor in school on the possible pathways.
- Alternatively, students can make an ECG counselling appointment via the ECG Centre @MOE (Grange Road) at <https://go.gov.sg/moe-ecg-centre> .



MOE ECG Centre offers online or phone counselling services to GCE N-Level students from 11- 22 December 2023 (Weekdays: 9.00 am to 5.00 pm); 16 December December (Saturday: 9.00 am to 12.00 pm).